



NARAYANA COLLEGE OF NURSING

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EXTENSION AND OUTREACH ACTIVITY POLICY



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Prepared by	Mrs Kantha	
Verified by	IQAC Coordinator	
Approved by	Principal	

Dr. B. D. Dey
Principal

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EXTENSION AND OUTREACH ACTIVITY POLICY

Introduction

Narayana College of Nursing is dedicated to fostering community engagement and social responsibility through structured extension and outreach activities. This policy outlines the institution's commitment to applying nursing knowledge and skills to benefit the broader community, contributing to health promotion and awareness, and addressing community health needs. These initiatives aim to enhance practical learning experiences for B.Sc. Nursing, M.Sc. Nursing, and Ph.D. Nursing students while instilling a sense of responsibility toward public health and well-being.

Objectives

1. To improve health outcomes by engaging students and faculty in community-based healthcare initiatives and health education.
2. To enable students to apply theoretical knowledge and develop clinical skills in real-world settings through participation in outreach activities.
3. To support Ph.D., M.Sc., and B.Sc. Nursing students in conducting community health research and disseminating findings that contribute to evidence-based healthcare.
4. To build students' capacities as leaders and advocates in healthcare, emphasizing ethical practices, professionalism, and cultural competence.
5. To foster an enduring commitment to community service and active engagement in public health initiatives beyond academic settings.

Scope and Applicability

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This policy applies to all students (B.Sc. Nursing, M.Sc. Nursing, and Ph.D. Nursing), faculty, and staff involved in the college's extension and outreach activities.

Core Activities

1. Community Health Camps

- Organize health camps in underserved communities to provide free health screenings, immunization drives, and health education.
- Involve students in direct patient care under faculty supervision to enhance their clinical skills.

2. School Health Programs

- Conduct health assessments and awareness sessions in schools focusing on child health, nutrition, hygiene, and prevention of communicable diseases.
- Provide opportunities for students to engage with young populations, developing their skills in pediatric and community health nursing.

3. Public Health Awareness Initiatives

- Participate in health awareness days (e.g., World Health Day, AIDS Awareness, Mental Health Day) by organizing rallies, seminars, and workshops.
- Develop educational materials for community dissemination on topics such as maternal and child health, non-communicable diseases, sanitation, and mental health.

4. Collaboration with Healthcare Agencies

- Partner with local NGOs, public health departments, and healthcare agencies for collaborative outreach programs.

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- Encourage interdisciplinary cooperation, allowing nursing students to work alongside professionals from various fields like Community areas, Schools etc

5. Home Healthcare Services

- Provide supervised home care visits for chronically ill and elderly patients, focusing on palliative care and end-of-life support.
- Enable students to practice holistic and compassionate care in real-life settings.

6. Research and Data Collection for Community Health

- Support students, especially those in Ph.D. and M.Sc. programs, in collecting data from community activities for research purposes.
- Develop and share community health reports to inform local healthcare policies and strategies.

7. Training and Skill Development Workshops

- Conduct skill-based workshops for community health workers, caregivers, and volunteers to improve local capacity in basic health care practices.

Roles and Responsibilities

• Institutional Responsibility

- Provide resources, including funding, transportation, and logistical support, for the successful execution of outreach activities.
- Collaborate with healthcare organizations, government bodies, and NGOs to facilitate outreach programs.

• Faculty Responsibility

- Mentor and guide students in planning, implementing, and evaluating outreach programs.
- Supervise students in field activities to ensure safety, ethical practice, and quality of care.

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- **Student Responsibility**

- Participate actively and responsibly in extension and outreach activities.
- Adhere to ethical standards, maintain confidentiality, and show respect and empathy toward community members.

Monitoring and Evaluation

1. Documentation and Reporting

- Maintain detailed records of all extension and outreach activities, including the number of beneficiaries, services provided, and outcomes.
- Faculty coordinators will prepare post-activity reports to evaluate the effectiveness and identify areas for improvement.

2. Feedback Mechanism

- Collect feedback from community members, students, and participating organizations to assess the impact of activities and identify future needs.

3. Periodic Review and Improvement

- The Extension Activities Committee will review outreach activities semi-annually to incorporate new strategies, address challenges, and expand community impact.

Recognition and Incentives

1. Awards and Recognition

- Recognize students and faculty with exemplary participation and contributions in outreach programs through awards and certificates.

2. Credit and Certification

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- Offer additional credits or certification for students completing a minimum number of outreach hours, acknowledging their community service in their academic records.

3. Professional Development

- Provide faculty with opportunities to enhance their outreach skills through workshops, seminars, and external training programs.

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